

**Proposed changes to the Statement of Identity, approved by Council 4th October 2024 to present to the General Meeting on 20th Oct 2024 for discussion and voting by the members. Council recommends a vote to approve.**

Key - Black – original document words. Green – suggested changes/new wording

## **Statement of Identity of The Reiki Association**

### **Who We Are:**

We are a **mainly** UK based community of people initiated into Reiki.

We are part of the world-wide Reiki community.

We foster connection and support people on their Reiki journey.

**We provide information about Reiki to members and the wider public.**

**We encourage and support high professional standards of Reiki practice.**

**We facilitate education and training programs about Reiki.**

We honour our roots in Usui Shiki Ryoho in the Spiritual Lineage of Mikao Usui, Chujiro Hayashi, Hawayo Takata, Phyllis Lei Furumoto and Johannes Reindl.

### **We:**

- Welcome all people initiated into Reiki in the physical presence of their Reiki master
- Aspire to embody the Reiki Principles in everything we do. The Reiki Principles are:

***Just for today do not worry  
Just for today do not anger  
Honour your parents, teachers and elders  
Earn your living honestly  
Show gratitude to every living thing***

- Aim to provide a living expression of the Four Aspects of Reiki:

***Healing Practice  
Personal Development  
Spiritual Discipline  
Mystic Order***

- Trust Reiki to guide us in all that we do.
- Encourage people to deepen their practice of the Art of Reiki and learn more about Reiki
- Nurture Reiki community locally, nationally and internationally
- Encourage members active involvement in the Association
- Recognise that our living relationship with Reiki supports our personal journey in life, encourages us to trust our own process and to respect that of others.

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## **Notes to give background to the suggested changes to the Statement of Identity**

Below are the initial objects on set up of the Association in July 1999. These are our founding objects, what we set up to do, and these still hold true so it would be good to emphasis them more in our Statement of Identity.

The Association's objects ("the Objects") are to

- A) ~ facilitate and nurture the understanding and practice of the Usui System of Reiki healing (Usui Shiki Ryoho) as defined by the Office of Grandmaster;
- B) ~ encourage people to deepen their practice of the Art of Reiki;
- C) ~ provide information about Reiki to members of The Reiki Association and the wider community;
- D) ~ foster the Reiki community locally, nationally and internationally;
- E) ~ encourage professional standards of Reiki practice;
- F) ~ promote high standards as evidenced by the Code of Ethics;
- G) ~ formulate and distribute relevant information to the members, the public, the press and others;
- H) ~ facilitate education and training programmes.